

LIFE EDITOR *Reading Challenge*

Step 1: Create a Foundation

- A book about gratitude
- A book with "thank you/thanks" in the title
- A book about the law of attraction
- A book about friends/family bonds
- A book by an author who overcame adversity

Step 2: Delete Bad Influences

- A book about organizing/clutter
- A book about dealing with toxic people
- A book with "no" in the title
- A book about shifting your mindset
- A book about minimalism

Step 3: Add Good Habits

- A book about habit change
- A book with a big transformation
- A book where the author does a year-long challenge
- A book with "new" in the title
- A book about an ambitious woman

Step 4: Rearrange Everything

- A book with "time" in the title
- A book about productivity
- A book about routines/schedules
- A book you've been meaning to read forever
- A book with a timeframe (60 seconds, 30 days, in a week)

Step 5: Make White Space

- A book about self-care
- A book about a hobby
- A book about a vacation
- A book about perfectionism
- A book with "love" in the title

Just for Fun

- A book about a book club, library, or bookstore
- A book about planning/planners
- A book about grammar/editing
- A book that's mostly pictures
- A book with writing/journal prompts

Life Editor Reading Challenge

Thank you for downloading the Life Editor Reading Challenge from <http://sagegrayson.com>. This fun exercise will help you read more books while you edit your life.

Instructions

This challenge is completely customizable! Here are some examples:

- Read all the books in a single category (5 books total) with no deadline.
- Read one book from each category (6 books total) with no deadline.
- Read all the books in a single category in a month (5 books in a month).
- Read one book from each category in a month (6 books in a month).
- Read all the books in all categories in a month (30 books in 30 days).
- Read all the books in a year (about 1 book every 2 weeks).



Who's Sage?

Hey there! I'm Sage Grayson, a former book editor turned life and business coach. I'm a Life Editor . . . and so are you!

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